

THE HONG KONG OPEN WINTER SWIMMING CHAMPIONSHIPS 2018

Date: 16th December, 2018 (Sunday)

Venue: Golden Coast, Tuen Mun, N.T. Hong Kong

Competition Eligibilities: 1. Physically Fit;

2. Participated in open water swimming or training;

3. Able to swim over the required distance of 800m

4. Medical Certificate required for age 60 & Over*

* For those who cannot provide Medical Certificate, an additional Declaration of Responsibility should be signed.

Category: Individual Event (Men / Women)

& Event Route (Inside Shark Protection Net) (Around 800-1,000M)

Open Group : Age 45 and under

Master Group : Age 46-60.

Student Group : Primary Schools & Secondary School students.

Aged Group : Age 61 or above

Disabled Group : Handicapped Swimmers.

(Age is counted up to 30 November 2018)

Format: Time-final will apply. Ranking will be determined by the time & positions that swimmer achieve.

Entry Fee: HK\$100/entry (Cash or Cheque made payable to the Hong Kong Winter Swimming Association)

Deadline: 17th November 2018 (Saturday)

Awards: 1. Certificate will be awarded to swimmers who complete the race. 2. Souvenir T-shirt;

3. Trophy for first 10 winners in each group 4. Souvenir medal for all swimmers in celebrating the year of Ox 2018-18.

Rules: 1. Swimmers MUST report to the Reporting Stands by 8:00 am.

2. Swimmers MUST wear swimming caps provided by the HKWSA during the competition, no substitution is allowed or you are risking disqualification.

3. Put up your hand in case of difficulty during the race, we will provide enough canoe life-guards and first-aiders to avoid any accident take place.

4. The 1-12 winners in each group will be given a ticket. The winners should report to the recording stand stationed near the finishing point with the ticket for checking their name and competitor number. Only the first 10 will be awarded prizes.

5. No swimmer is permitted to use any device that may be an aid to their speed or endurance.

6. HKWSA has the final decision over all matters not written in the rules.

Responsibility: HKWSA will try the best to ensure the safety of all swimmers during the competition.

However, HKWSA and its officials will not be responsible for any injuries and accidents incurred during the competition.

Appeal: The Judges' decision is Final. No appeal is entertained.

Entry Procedures:

1. Cash or transfer to Hong Kong Winter Swimming Assn Chartered Bank Account : 432-0-001155-8

2. Cheque made payable to "Hong Kong Winter Swimming Association".

Completed individual entry form (incomplete form will not be accepted and fee paid will not be refunded)

ALL entries with cheques or bank receipt should be mailed to "Hong Kong Winter Swimming Association, Room B, 1/F., Glen Circuit Apartments, 41 Cloud View Road, North Point, Hong Kong.

Swimming caps, souvenir coin & T-shirt are to be collected on 1-2 Dec 2018 at 1/F, Tai Hang Tung Community Centre from 10am to 6pm. (Exit B2 of Shek Kip Mei MTR Station, go straightforward down the slope & turn right by the junction (McDonald can be seen before the junction) and walk further 20m.

*Information of HKWSA can be found at the HKWSA web-site. Application Forms can be downloaded at

Web-site: <http://www.hkwsa.org.hk/> Enquiries & whatsapp : 5147 4742 Email: hkwsa@yahoo.com